

# Do You Already #Vote4MentalHealth?

Many of the issues voters care about intersect with mental health. Additionally, elected officials — from Capitol Hill to city council — make decisions that impact the mental health services available in your community. When you cast your ballot, you #Vote4MentalHealth — whether you realize it or not. Learn more about how common policy issues affect people with mental health conditions.



## HEALTH CARE

One in five people in the U.S. have a mental health condition, but nearly **half** do not receive treatment. **One in 10** adults with mental illness have no insurance coverage, but even with coverage, finding care is difficult: **over 137 million people** live in a designated mental health professional shortage area. Comprehensive, equitable coverage of mental health care should be the standard for everyone in our country.



## ECONOMY & WORKFORCE

Serious mental illness leads to over **\$190 billion** in lost earnings each year in the U.S., and the unemployment rate is **higher** among adults with a mental health condition compared to those who do not experience one. Full and fair access to education, vocational rehabilitation, and job training helps people with mental health conditions get and stay meaningfully employed.



## AFFORDABLE HOUSING

Across the country, it can be difficult to find an affordable place to live. For someone with a mental health condition, the lack of safe and affordable housing is one of the most powerful barriers to recovery. Sadly, nearly **one in five** people experiencing homelessness have a serious mental illness. Having a safe, affordable place to live can provide stability to allow someone to achieve their wellness goals.



## EDUCATION

Our youth are facing a mental health crisis. One in six youth have a mental health condition, yet **only half** receive any kind of treatment. Tragically, **9.5%** of high school students attempted suicide in 2023. Since children spend much of their time in educational settings, schools provide a unique opportunity to address mental health by serving students where they are – in classrooms and on campus.

Are you ready to #Vote4MentalHealth?  
Take the pledge today and learn more at  
[vote4mentalhealth.org](https://vote4mentalhealth.org).



#Vote4MentalHealth is a nonpartisan campaign led by NAMI, the National Alliance on Mental Illness, that promotes civic engagement and helps people understand how their vote impacts mental health.

Sources for data: [vote4mentalhealth.org/key-issues/](https://vote4mentalhealth.org/key-issues/)

\*NAMI is a 501(c)(3) organization and does not endorse candidates or political parties. Your decision whether or not to vote is 100% voluntary, and NAMI is in no way seeking to influence your political affiliations or beliefs.